



Healthy Youth Survey Fact Sheet

Alcohol Use for ESD 112, page 1 of 2

Year: 2018

Grade: 10

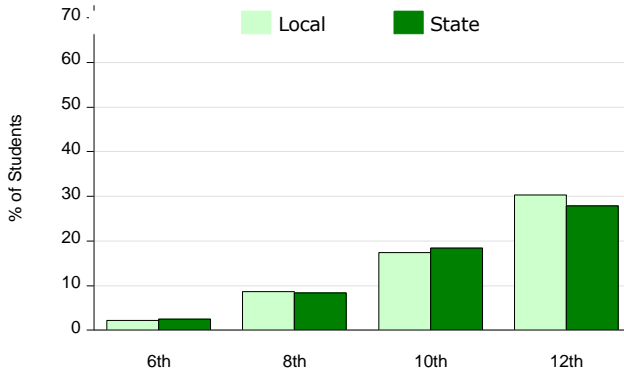
Gender: All

Number of Students Surveyed: 5,644

Background:

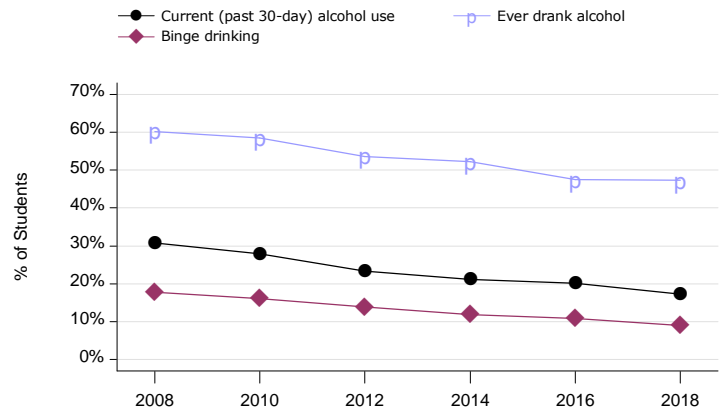
- 5,000 people under the age of 21 die each year from alcohol-related car crashes, homicides, suicides, poisoning, falls, drownings and other injuries.
- Youth alcohol use is associated with violence, school failure, and sexual activity.
- Research shows that heavy alcohol use during teen years can permanently damage the still-developing brain.

Current (past 30 days) Alcohol Use Compared to the State, All Grades, 2018



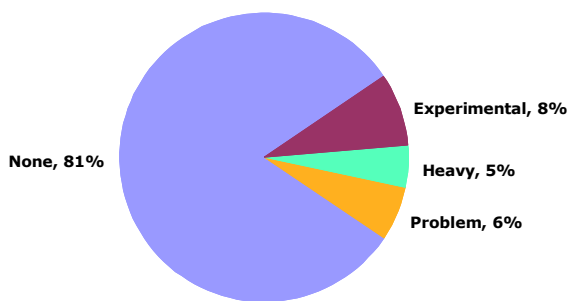
Prevalence	6th	8th	10th	12th
Local	2% ± 0	9% ± 1	17% ± 1	30% ± 1
State	2% ± 0	8% ± 1	18% ± 2	28% ± 2

Alcohol Use Trends, Grade 10



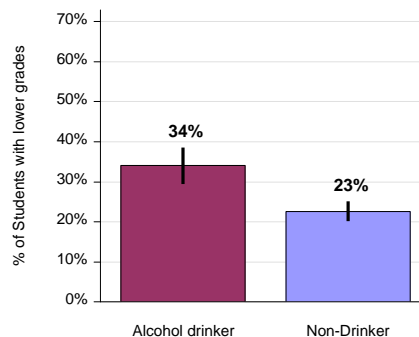
Prevalence	2008	2010	2012	2014	2016	2018
Current (past 30-day) alcohol use	31% ± 1	28% ± 1*	23% ± 1*	21% ± 1*	20% ± 1	17% ± 1*
Ever drank alcohol	60% ± 1	58% ± 1	54% ± 1*	52% ± 1	47% ± 1*	47% ± 1
Binge drinking	18% ± 1	16% ± 1*	14% ± 1*	12% ± 1*	11% ± 1	9% ± 1*

Level of Alcohol Use Grade 10, 2018



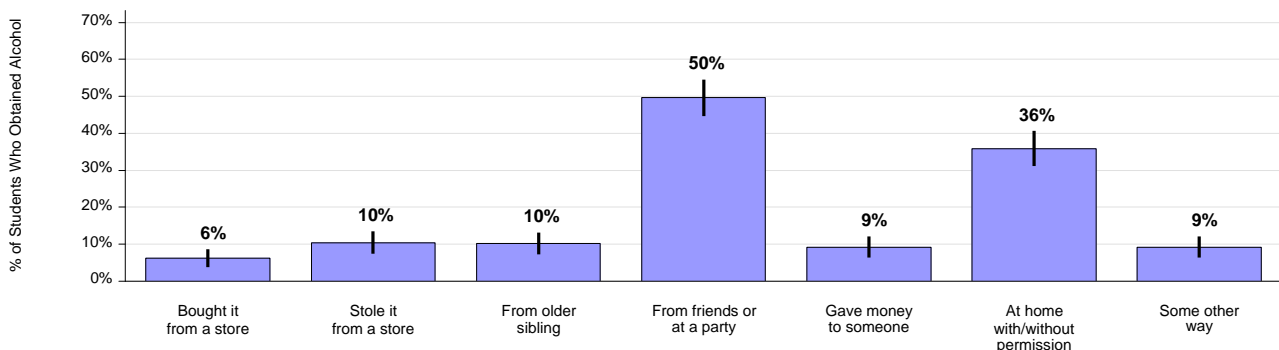
None: no drinking in the past 30 days (81%)
 Experimental: 1-2 days drinking, and no binge drinking (8%)
 Heavy: 3-5 days drinking, and/or one binge (5%)
 Problem: 6+ days drinking, and/or 2+ binges (6%)

Statewide Relationship between Lower Grades and Current (past 30-day) Alcohol Use Grade 10, 2018



Statewide, more 10th graders who drink alcohol report lower grades in school (C's, D's or F's) compared to those who don't drink.

Where Do Youth Get Alcohol? Grade 10, 2018



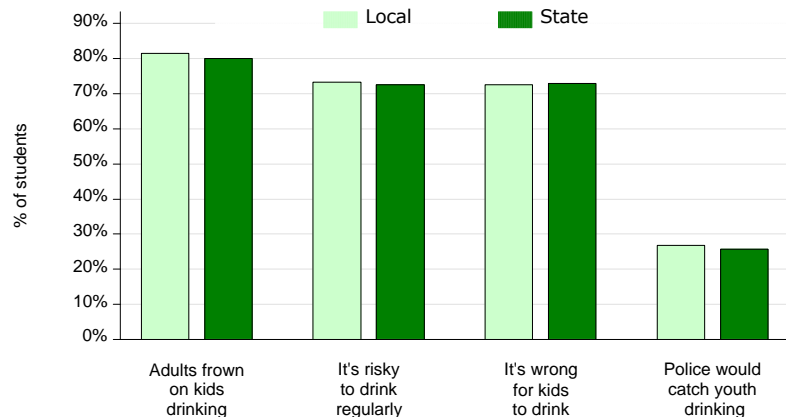
The percentages in this chart are based on all students who reported getting alcohol in the past 30 days, regardless whether they reported drinking in the past 30 days. Students could select multiple sources.



Healthy Youth Survey Fact Sheet

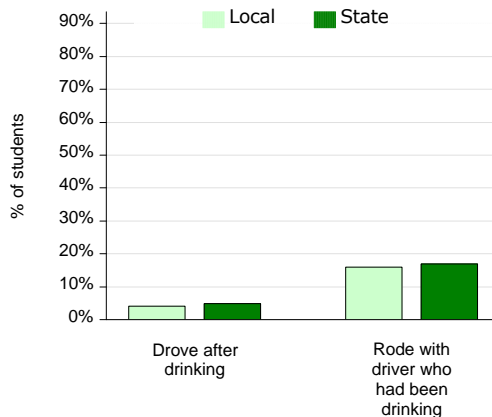
Alcohol Use for ESD 112, page 2 of 2

**Youth Perceptions about Alcohol
Compared to the State, Grade 10, 2018**



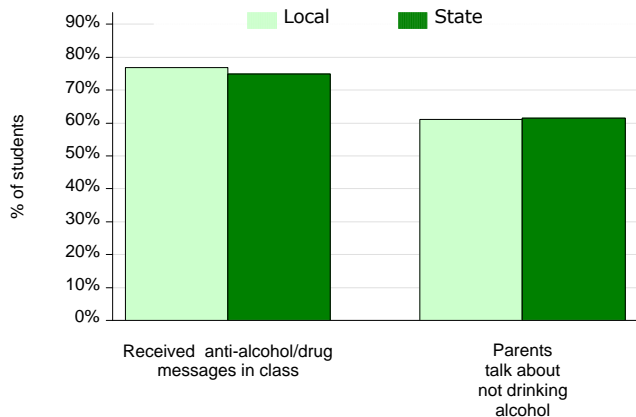
Prevalence	Adults frown on kids drinking	Regular drinking is risky	Drinking is wrong for kids	Police would catch youth drinking
Local	81% ±1	73% ±2	72% ±2	27% ±2
State	80% ±2	73% ±2	73% ±3	26% ±2

**Drinking and Driving/Riding
Compared to the State, Grade 10, 2018**



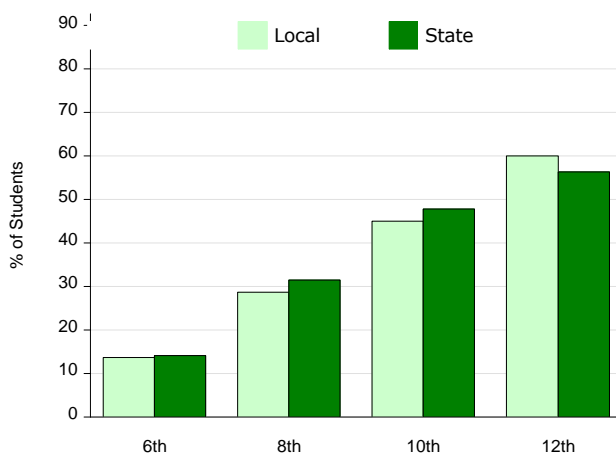
Prevalence	Drove after drinking	Rode with driver who had been drinking
Local	4% ±1	16% ±1
State	5% ±1	17% ±2

**Received Anti-Alcohol Messages
Compared to the State, Grade 10, 2018**



Prevalence	Received anti-alcohol/drug messages in class	Parents talked about drinking
Local	77% ±2	61% ±2
State	75% ±3	61% ±2

**Youth Perception that Alcohol is Easy to Get
Compared to the State, All Grades, 2018**



Prevalence	6th	8th	10th	12th
Local	14% ±1	29% ±2*	45% ±2*	60% ±2*
State	14% ±1	31% ±2	48% ±2	56% ±3

For More Information:

- Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit www.StartTalkingNow.org.
- For free printed guides on preventing alcohol and other drug use, visit the ADAI Clearinghouse www.adaiclearinghouse.org or call (206) 221-8325.
- For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.



Healthy Youth Survey Fact Sheet

Substance Use for ESD 112

Year: 2018

Grade: 10

Gender: All

Number of Students Surveyed: 5,644

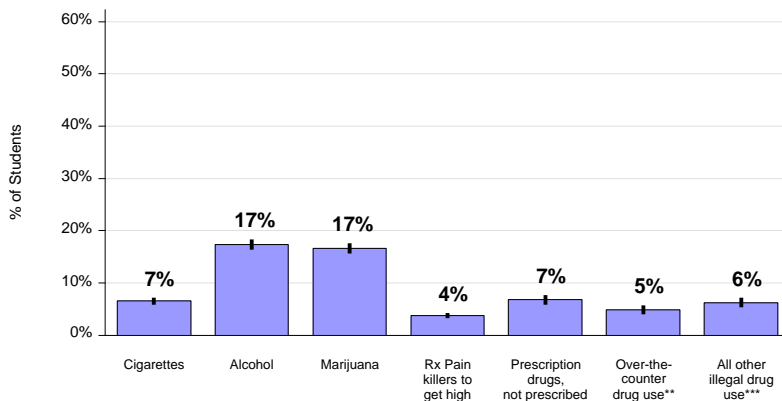
Background:

- Parents are the primary influence on their children's decision to use alcohol, tobacco, and other drugs.
- The developing brain is more vulnerable to the effects of alcohol and other drugs. Brain development continues into the mid-20s.

For More Information:

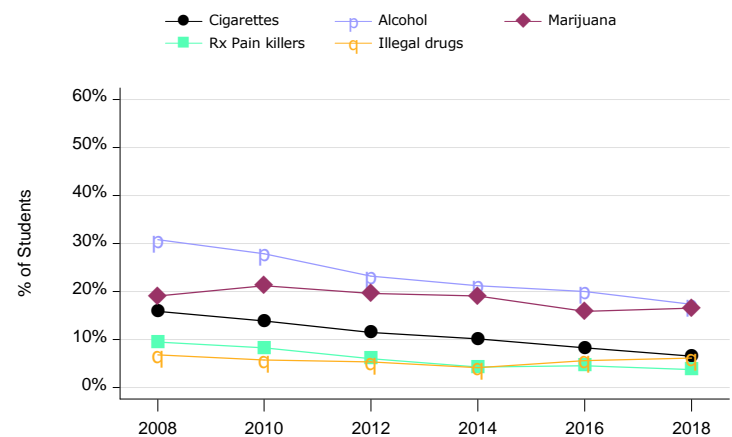
- Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit www.StartTalkingNow.org.
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**Current (past 30-day) Substance Use
Grade 10, 2018**



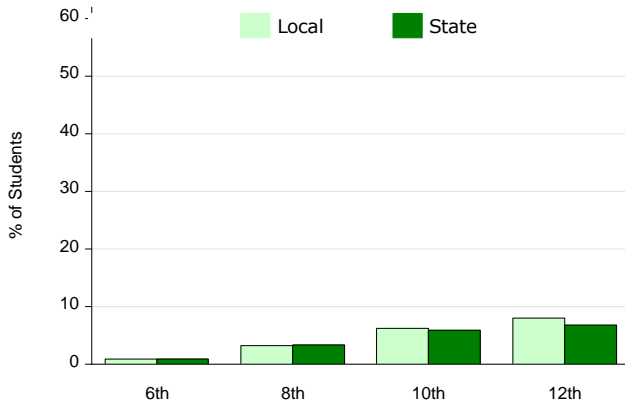
Most youth don't use alcohol or other substances.

Current (past 30-day) Substance Use Trends, Grade 10



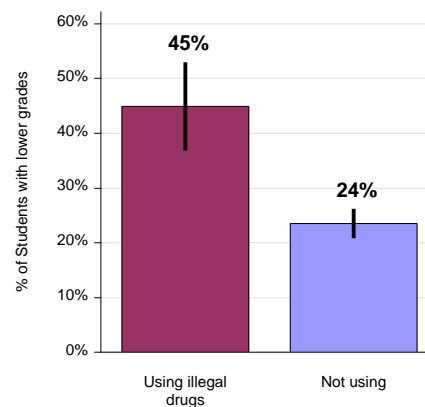
Prevalence	2008	2010	2012	2014	2016	2018
Cigarettes	16% ±1	14% ±1*	12% ±1*	10% ±1*	8% ±1*	7% ±1*
Alcohol	31% ±1	28% ±1*	23% ±1*	21% ±1*	20% ±1	17% ±1*
Marijuana	19% ±1	21% ±1*	20% ±1*	19% ±1	16% ±1*	17% ±1
Rx Pain killers to get high	9% ±1	8% ±1	6% ±1*	4% ±1*	5% ±1	4% ±1*
All other illegal drug use***	7% ±1	6% ±1*	5% ±1	4% ±1*	6% ±1*	6% ±1

Current (past 30-day) All Other Illegal Drug Use
Compared to the State, All Grades, 2018**



Prevalence	6th	8th	10th	12th
Local	1% ±0	3% ±1	6% ±1	8% ±1
State	1% ±0	3% ±1	6% ±1	7% ±1

**Statewide Relationship between
Lower Grades and Current (past 30-day) All Other Illegal Drug Use***
Grade 10, 2018**



Statewide, more 10th graders who use illegal drugs (not including alcohol, tobacco or marijuana) report lower grades in school (C's, D's or F's) compared to those who don't use.

**Over-the-counter drug use is the use of drugs like cough syrup or cold medical purposes.

***All other illegal drug use includes prescription drugs not prescribed, Rx pain killers to get high, and all other illegal drugs; but does not include alcohol, tobacco or marijuana.

Prevalence is displayed with 95% confidence intervals (as ± or black bar)

*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-13-2019

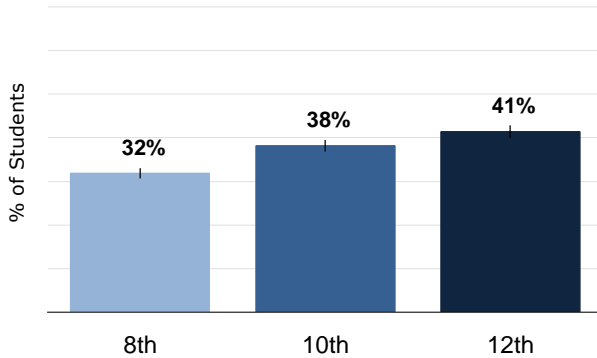
Missing codes: S = result suppressed due to insufficient reporting from students of schools; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade.



Depressive Feelings, Anxiety and Suicide for ESD 112 in 2018

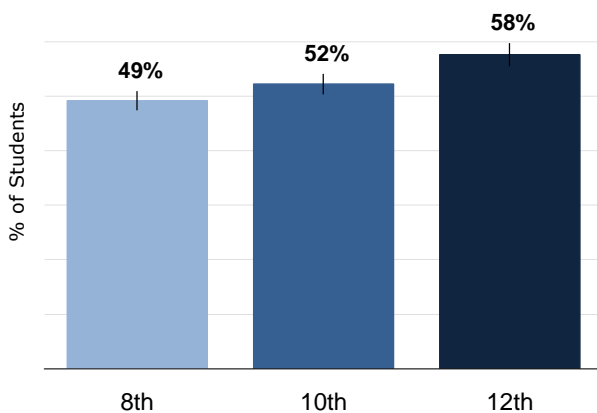
Depressive Feelings...

Students who report feeling sad or hopeless for at least two weeks in the past year



Support...

Students who report they have an adult to turn to when they feel sad or hopeless



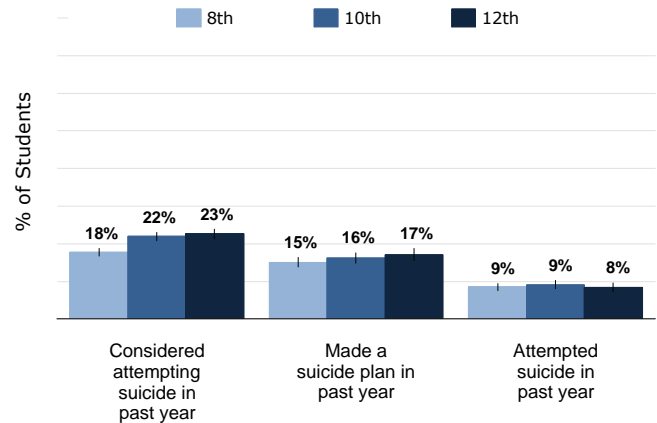
For help and information about what you can do, contact:

- Get help. Don't keep it a secret!

The data in these charts are based on the State of Washington's Healthy Youth Survey conducted in fall 2018. In ESD 112, 6,165 6th graders, 6,041 8th graders, 5,644 10th graders and 4,153 12th graders completed the anonymous survey.

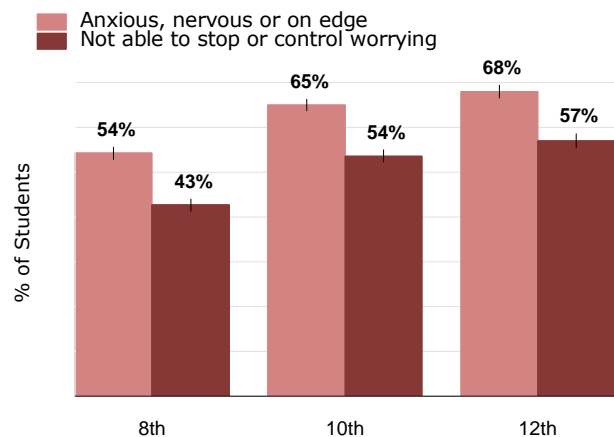
Suicidal Feelings and Actions...

Students who report considering suicide, making a suicide plan, and attempting suicide in the past year



Feeling Anxious and not able to Stop Worrying...

Students who report feeling nervous, anxious or over the edge or not being able to stop or control worrying in the past 2 weeks



YOU can save a life:

- Take it Seriously
- Understand the risk factors and watch for the warning signs (<https://afsp.org/about-suicide/risk-factors-and-warning-signs>).
- Emphasize, don't rationalize. Show you care. "I'm worried about you" or "I want to help you".
- Ask if they are thinking about killing themselves.
- Get help. Don't keep it a secret!

For immediate help call

1-800-273-TALK

1-866-4-U-TREVOR (GLBTQ)



For more results from the 2018 Healthy Youth Survey, please visit www.AskHYS.net



Marijuana Use for ESD 112 in 2018?

Page 1 of 3

The data in these charts are based on the Healthy Youth Survey conducted in fall 2018. In ESD 112, 6,165 6th graders, 6,041 8th graders, 5,644 10th graders and 4,153 12th graders completed the survey.

For more results from the 2018 Healthy Youth Survey, please visit www.AskHYS.net

Background:

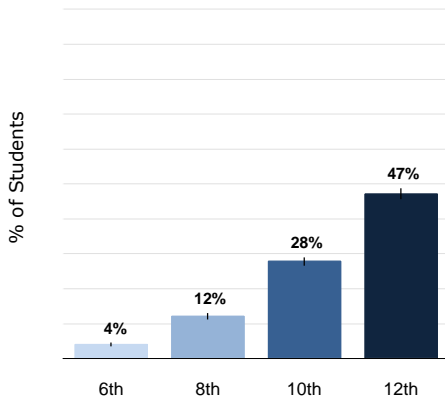
- Marijuana can be addictive. Most teens who enter drug treatment programs report marijuana is the main drug they use.
- If teens use marijuana, anxiety and depression can get worse. Marijuana use is associated with risk of anxiety and depression.
- Teens who use marijuana can have problems with learning and memory and are more likely to fail in school.

For More Information:

- Parents, schools, and communities can work together to keep youth healthy and safe. For prevention tips and to connect with a prevention coalition in your area, visit www.StartTalkingNow.org.
- For free printed guides on preventing marijuana, alcohol and other drug use, visit the ADAI Clearinghouse www.adaiclearinghouse.org or call (206) 221-8325.
- For 24 hour help for mental health, substance use and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.
- For more information and references visit www.LearnAboutMarijuanaWA.org.

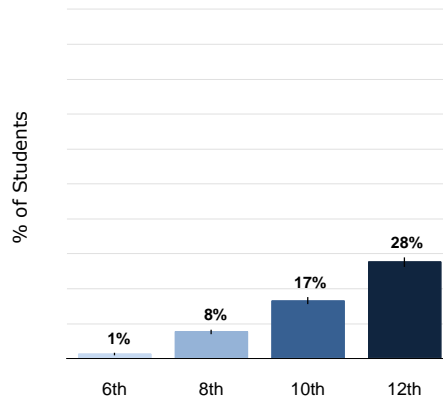
Lifetime Marijuana Use

"I have used marijuana at least once."



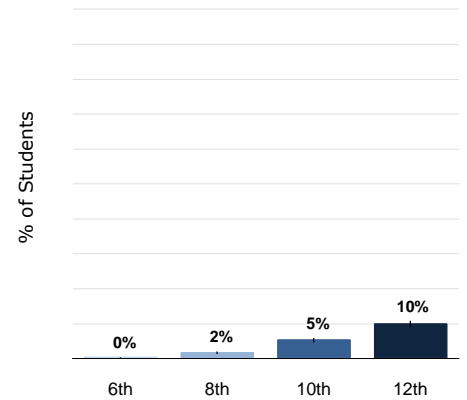
Current (past 30-day) Marijuana Use

"I have used marijuana at least once in the past month."

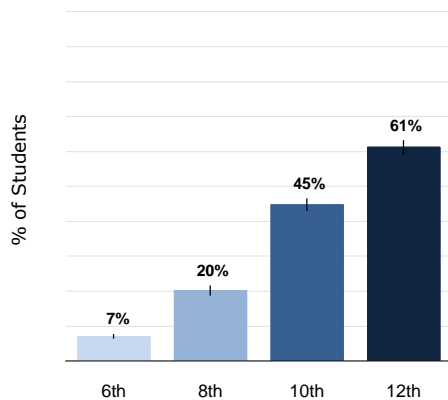


Heavy Marijuana Use

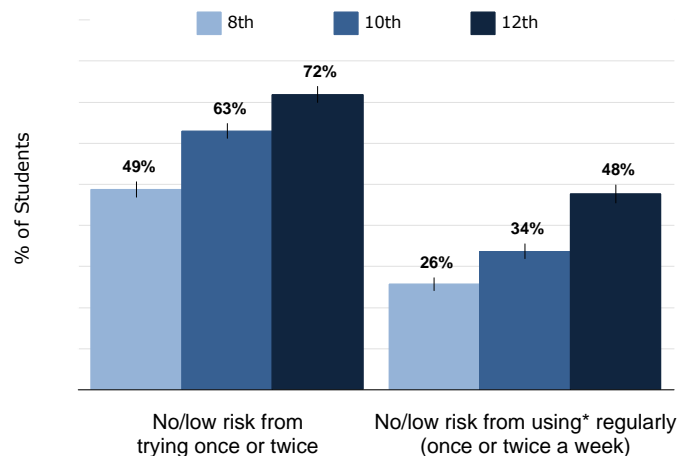
"I have used marijuana on 10 or more days in the past month."



Marijuana is Perceived as Easy or Very Easy to Get



Marijuana is Perceived as Not Harmful



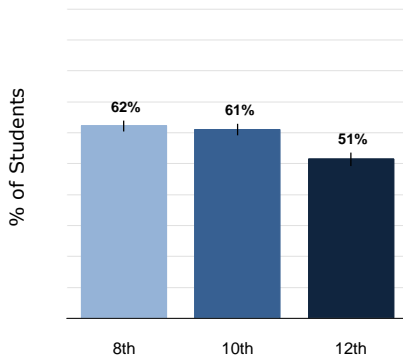
*"Smoked" regularly changed to "Used" regularly in 2014



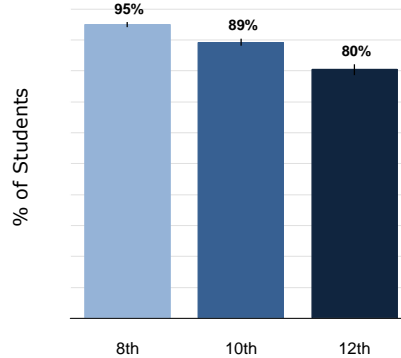
Marijuana Use for ESD 112 in 2018?

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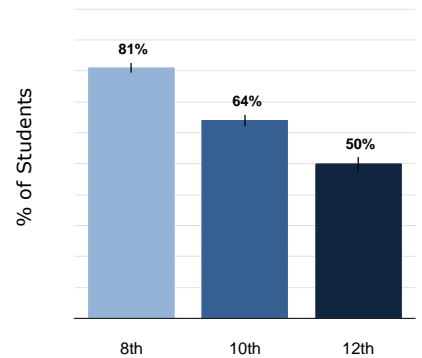
Parental discussion about not using marijuana



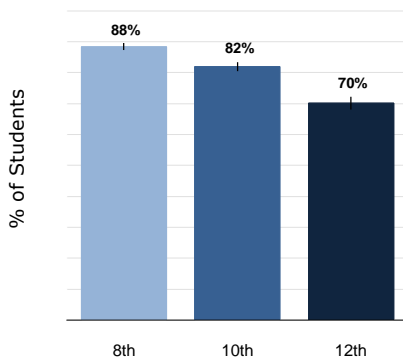
Parents think youth marijuana use is wrong



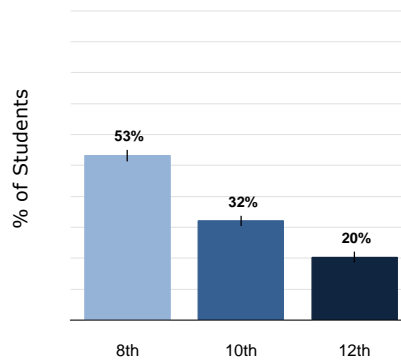
Peers think youth marijuana use is wrong



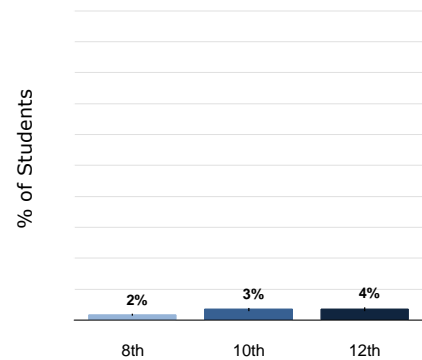
Community norm is marijuana use is wrong



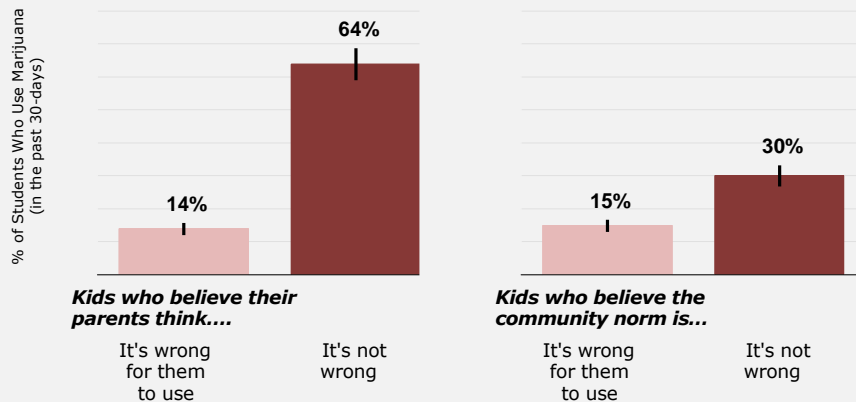
Police would catch me if I used marijuana



Marijuana use on school property in past month



Relationship between Marijuana Use and Perceived Parental and Community Norms, Grade 10, 2018



What does this chart say?

- Statewide, 10th graders are less likely to use marijuana if they believe their parents think it is wrong for them to use.
- Statewide, 10th graders are less likely to use marijuana if they believe their community thinks it is wrong for them to use.

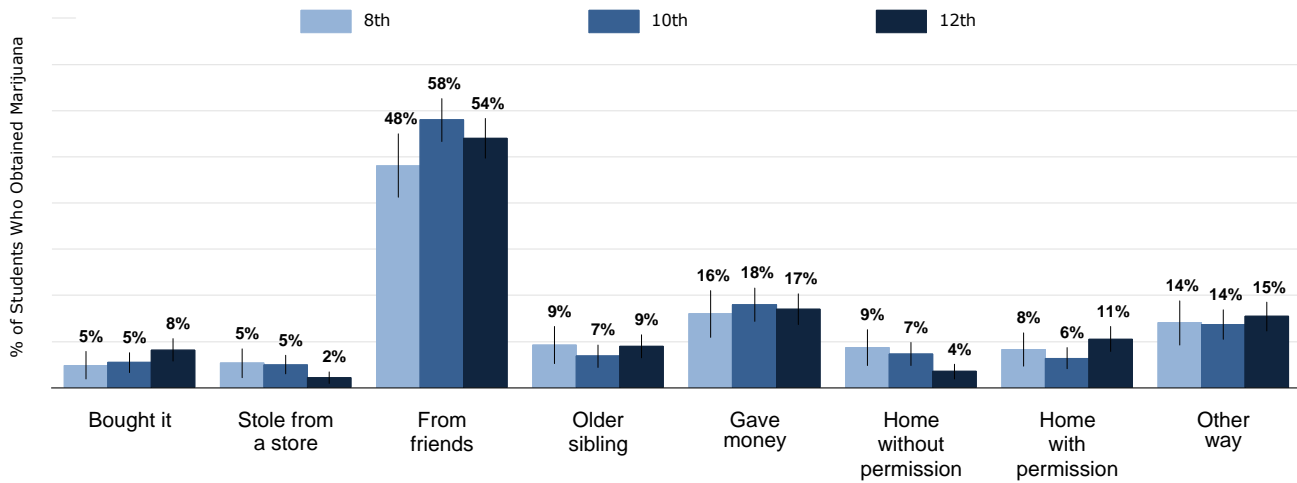
Tips for parents and guardians to help teens avoid alcohol, marijuana and other drugs

- Talk early and often about the risks. Get tips for how to talk with your child and stay better connected at www.StartTalkingNow.org.
- Set clear rules against alcohol and drug use, and enforce reasonable consequences.
- Stay involved in your child's life: eat dinner together, know who their friends are, keep track of what they are doing.
- Be aware of the signs and take action if you think your teen is using. Talk to your school's counselor, or get information about other resources in your area by calling the Washington Recovery Help Line at 1-866-789-1511.
- For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.



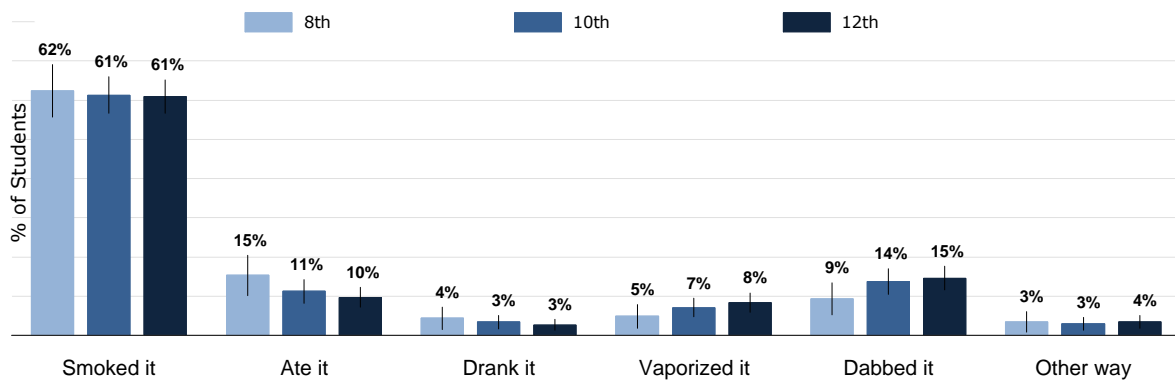
Marijuana Use for ESD 112 in 2018?

Where Do Youth Get Marijuana?

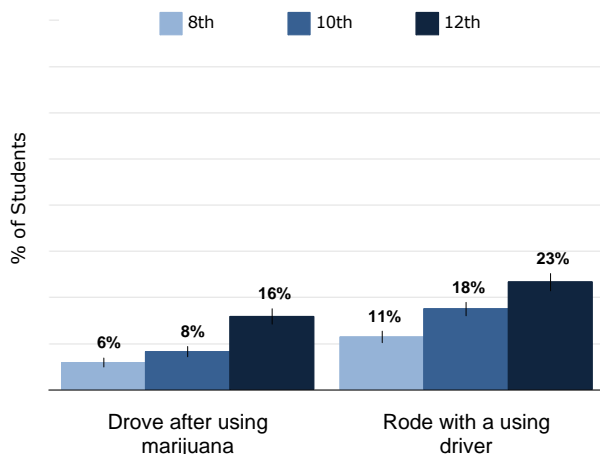


The percentages in this chart are based on all students who reported getting marijuana in the past 30 days, regardless whether they reported using in the past 30 days. Students could select multiple sources.

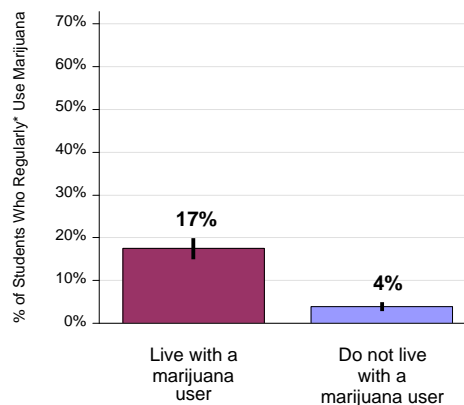
Type of Marijuana Use, among Current Marijuana Users



Marijuana Use and Riding/Driving



Statewide Relationship between Regular* Marijuana Use and Living with a Marijuana User, Grade 10, 2018



Statewide, more 10th graders who live with a marijuana user report regular* marijuana use compared to those who don't live with someone who uses marijuana.

*Regular marijuana use is defined as use on 6 or more days in the past 30 days.



Healthy Youth Survey Fact Sheet

Marijuana Use for ESD 112, page 1 of 2

Year: 2018

Grade: 10

Gender: All

Number of Students Surveyed: 5,644

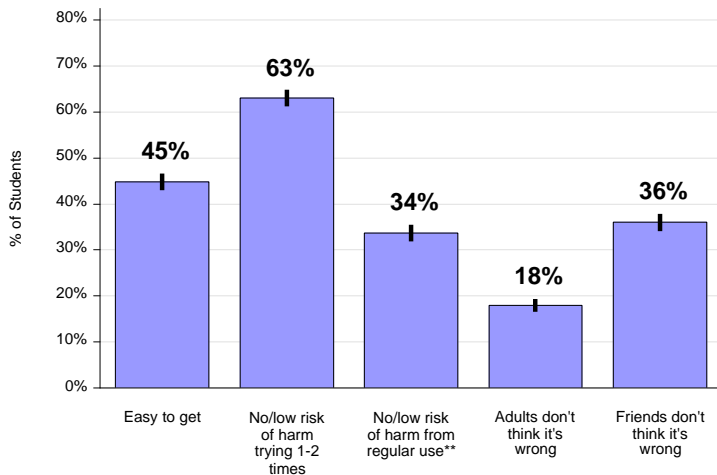
Background:

- Marijuana is addictive. Most teens who enter drug treatment programs report marijuana is the primary drug they use.
- If teens use marijuana, anxiety and depression can get worse. Marijuana use is associated with risk of anxiety and depression.
- Teens who use marijuana can have problems with learning and memory and are more likely to fail in school.

For More Information:

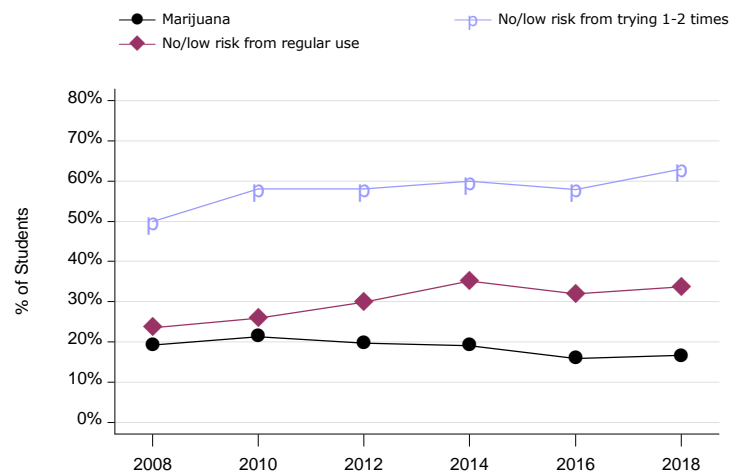
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**Attitudes about Marijuana Use
Grade 10, 2018**



In 2018, 34% of 10th graders in our ESD thought there was little or no risk of using marijuana regularly.

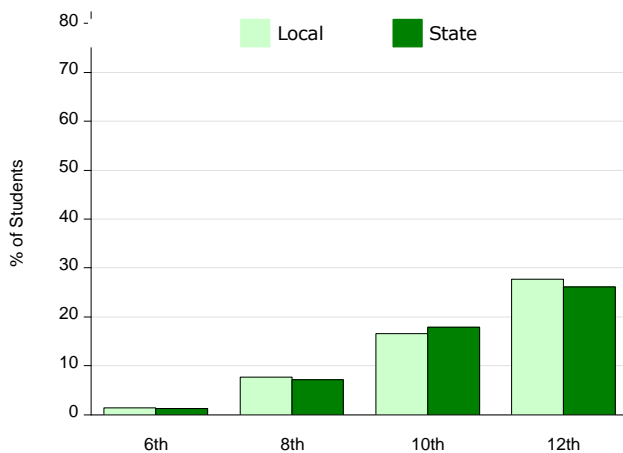
**Marijuana Use and Perception of Harm Trends
Grade 10**



Prevalence	2008	2010	2012	2014	2016	2018
Marijuana	19% ± 1	21% ± 1*	20% ± 1*	19% ± 1	16% ± 1*	17% ± 1
No/low risk from trying 1-2 times	50% ± 2	58% ± 2*	58% ± 2	60% ± 2	58% ± 2	63% ± 2*
No/low risk from regular use**	24% ± 2	26% ± 2*	30% ± 2*	35% ± 2*	32% ± 2*	34% ± 2

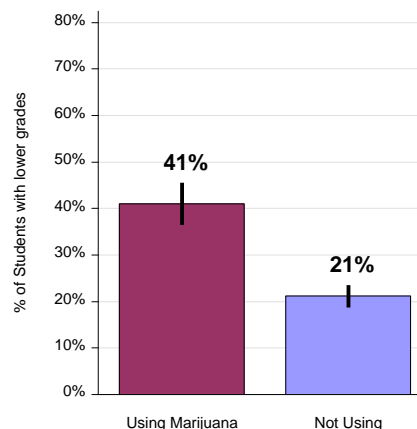
***"Smoke" marijuana regularly was changed to "Use" regularly in 2014. This may mark a break in the trend.

**Current (past 30-day) Marijuana Use
Compared to the State, All Grades, 2018**



Prevalence	6th	8th	10th	12th
Local	1% ± 0	8% ± 1	17% ± 1	28% ± 1
State	1% ± 0	7% ± 1	18% ± 2	26% ± 2

**Statewide Relationship between
Lower Grades and Current (past 30-day) Marijuana Use
Grade 10, 2018**



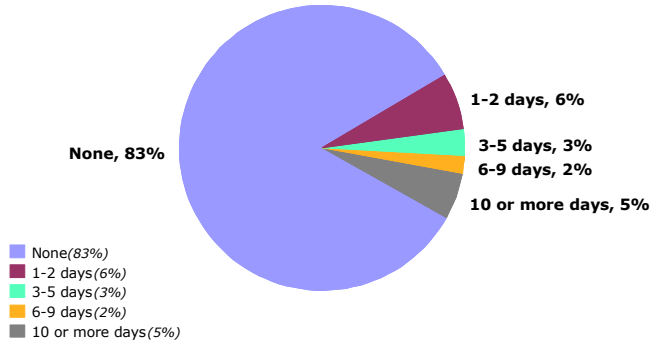
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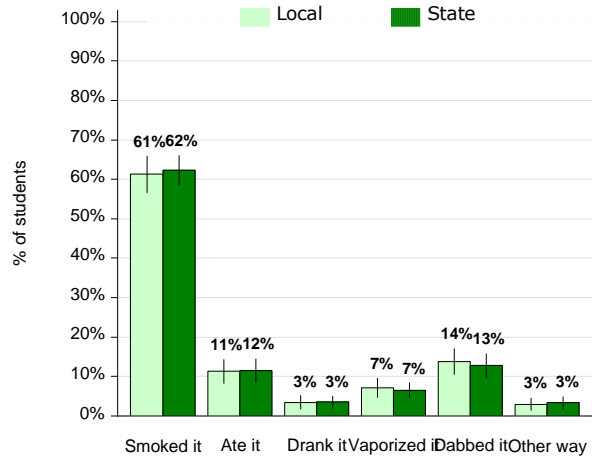
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Marijuana Use for ESD 112, page 2 of 2

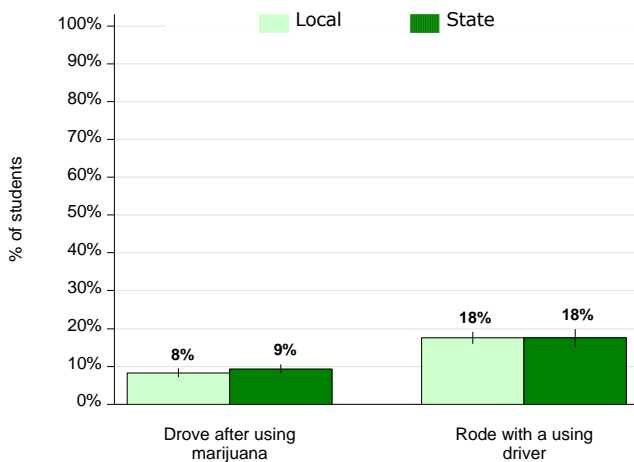
Level of Current (past 30-day) Marijuana Use
Grade 10, 2018



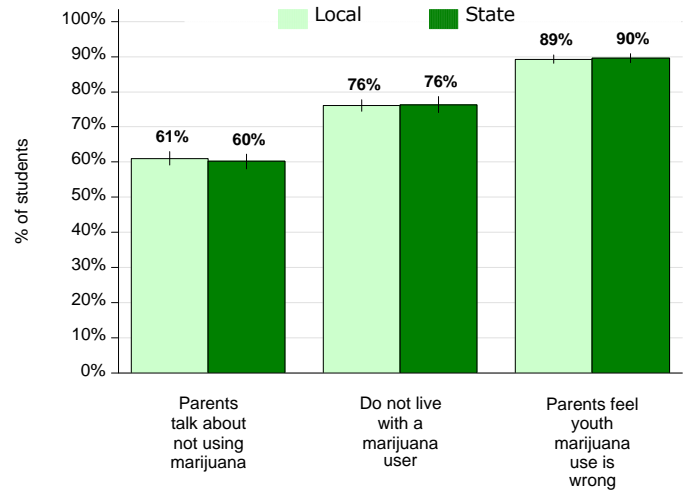
Type of Marijuana Use among Those Who Used It
Grade 10, 2018



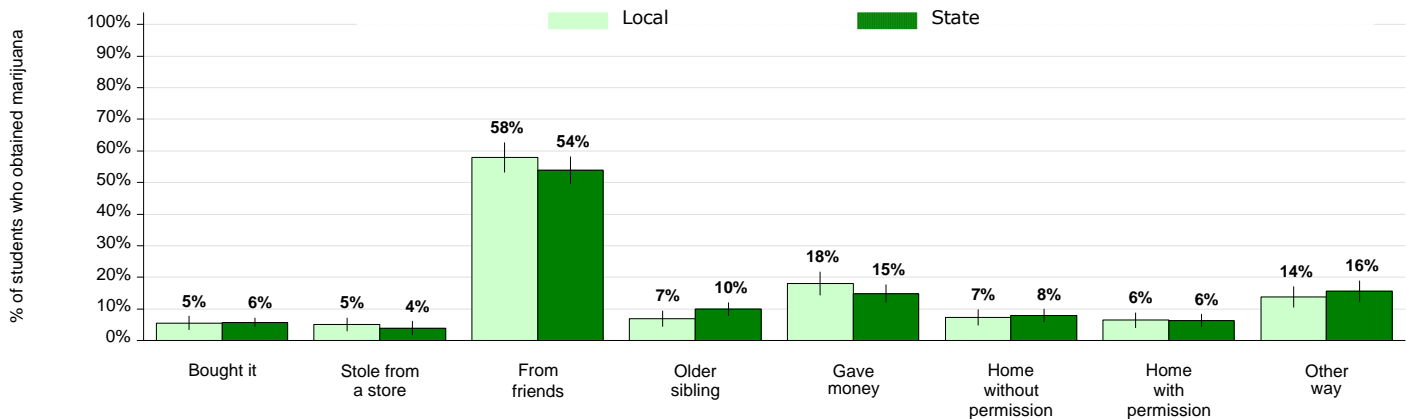
Marijuana Use and Driving/Riding
Grade 10, 2018



Family Environment, Grade 10, 2018



Where Do Youth Get Marijuana? Grade 10, 2018



The percentages in this chart are based on all students who reported getting marijuana in the past 30 days, regardless whether they reported using in the past 30 days. Students could select multiple sources.



Teen Prescription Misuse and Abuse for ESD 112 in 2018

Background:

- Prescription drug abuse is when someone takes a medication that was prescribed for someone else or takes their own prescription in a way not intended by a doctor---like to stay awake, or "to get high".
- Prescription drugs that affect the brain, including opioid pain killers, stimulants, and depressants, may cause physical dependence that can turn into addiction.
- Most teens get prescription drugs they abuse from friends and relatives, sometimes without the person knowing.
- Prescription drug abuse has become an important health issue, particularly the danger of abusing prescription pain medications. Drug overdose deaths have been on the rise in the United States; in 2014 there were more overdose deaths than deaths from motor vehicle crashes (CDC National Center for Health Statistics).

What can parents or caregivers do to prevent teen prescription misuse and abuse?

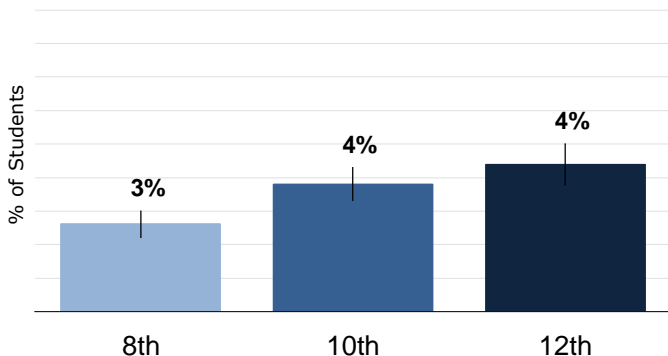
- Talk to your children about what you do to stay healthy, and, if you use medications, why they are safe for your personal use and not for them.
- Talk to your teen about the dangers of prescription drug misuse. Learn more at www.medicineabuseproject.org.
- Keep the most commonly abused prescription drugs (painkillers, sedatives and stimulants) in a lock box.
- Take steps to safeguard the most commonly abused prescription drugs (painkillers, sedatives, and stimulants) in your home: monitor their use, keep them in a lock box, and properly dispose of unused or expired medications.

For More Information:

- Learn more at www.drugfree.org.
- For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.
- For medication disposal locations, see www.takebackyourmeds.org.

Student Abuse of Painkillers (in last 30 days)

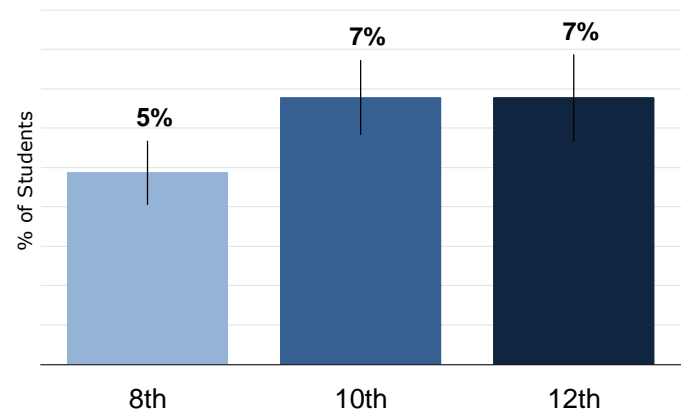
Students who report using painkillers* to get high at least once in the past month



*painkillers like Vicodin, OxyContin (sometimes called Oxy or OC) or Percocet (sometimes called Percs)

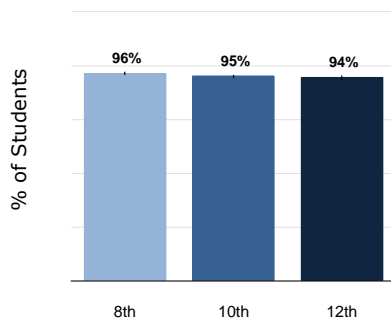
Students Misuse of Someone Else's Prescription (in last 30 days)

Students who report using prescription drugs not prescribed to them in the past month

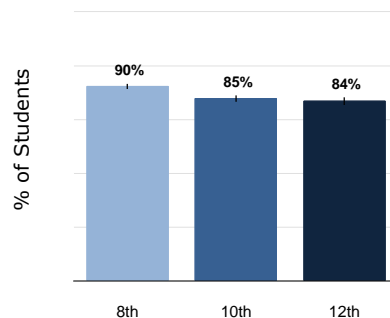


When students are asked about the use of prescription drugs that are not prescribed for them... their perceptions are:

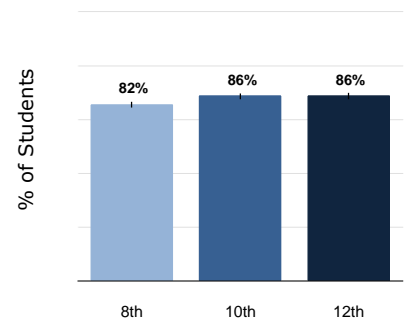
My parents would think it was wrong if I used prescription drugs not prescribed for me



My friends would think it was wrong if I used prescription drugs not prescribed for me



I risk harming myself if I use prescription drugs that are not prescribed for me



For more results from the 2018 Healthy Youth Survey, please visit www.AskHYS.net

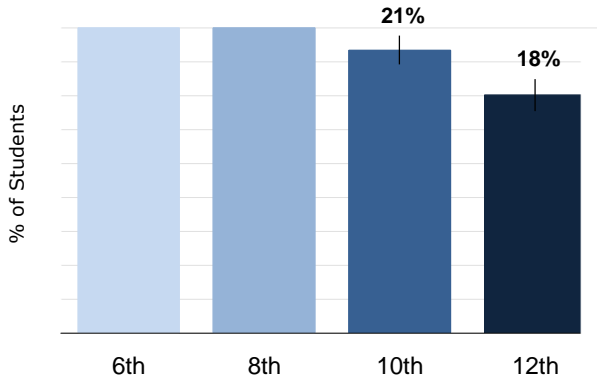
The data in these charts are based on the Healthy Youth Survey conducted in fall 2018. In ESD 112, 6,165 6th graders, 6,041 8th graders, 5,644 10th graders and 4,153 12th graders completed the survey.



School Safety for ESD 112 in 2018

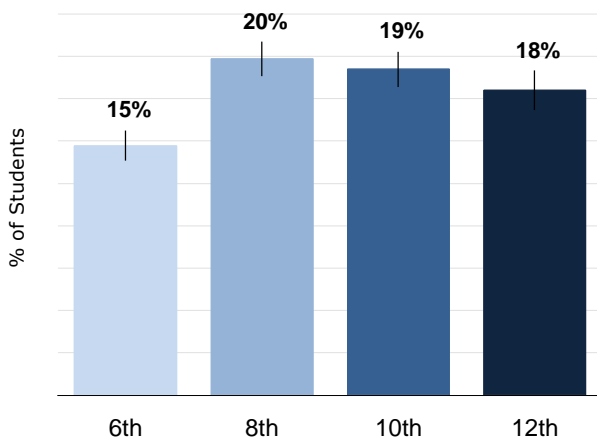
Bullied at school*...

Students who report they were bullied at school in the past month



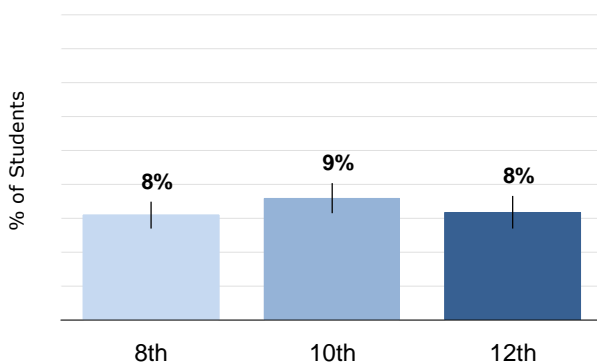
Not feeling safe...

Students who report they did not feel safe at school



Missing school due to safety...

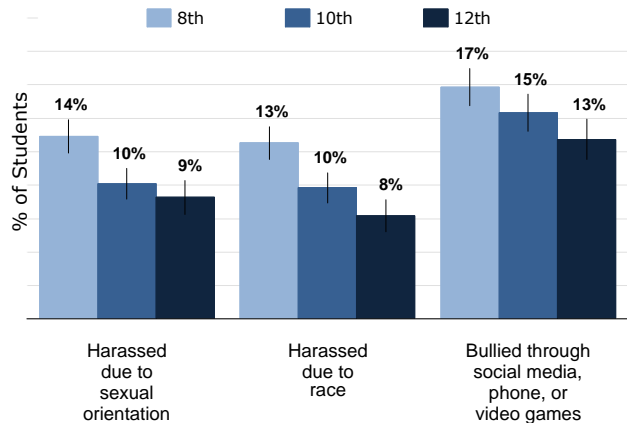
Students who report not going to school because they did not feel safe



For more results from the 2018 Healthy Youth Survey, please visit www.AskHYS.net

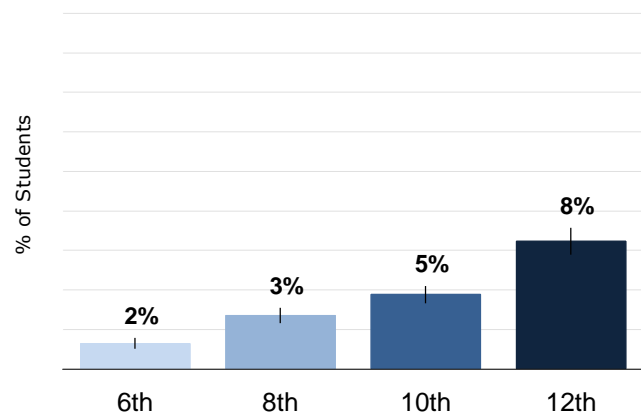
Harassment...

Students who report being harassed or bullied at school due to their perceived sexual orientation or race or by a computer or cell phone in the past month



Weapon carrying...

Students who report they carried a weapon on school property in the past month



For more information about bullying prevention and school safety, visit:

- Office of Superintendent of Public Instruction's School Safety Center: www.k12.wa.us/safetycenter

The data in these charts are based on the Healthy Youth Survey conducted in fall 2018. In ESD 112, 6,165 6th graders, 6,041 8th graders, 5,644 10th graders and 4,153 12th graders completed the survey.

*In 2018, bullying is defined as when one or more students threaten, spread rumors about, hit, shove, or otherwise hurt another student over and over again. It is not bullying when two students of about the same strength or power argue or fight or tease each other in a friendly way.

Prevalence is displayed with 95% confidence intervals (as black bars). "U" indicates data is unavailable, because of too few surveys completed, questions not asked, or other reasons.

Healthy Youth Survey

TOBACCO & VAPOR PRODUCT USE

Fact Sheet



Year: 2018

Grade: 10

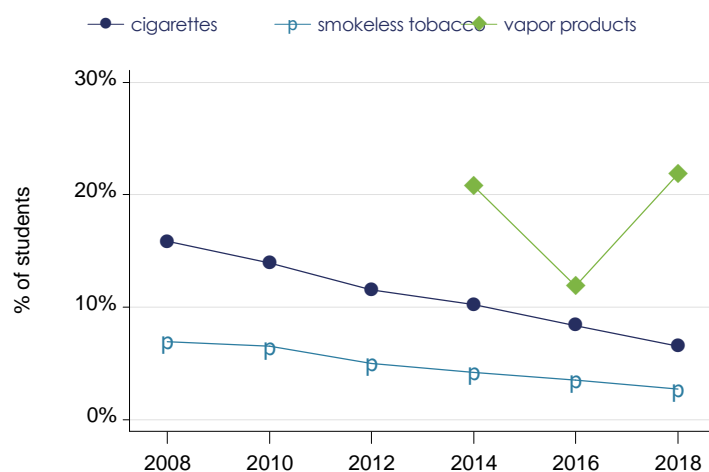
Gender: All

Number of Students Surveyed: 5,644

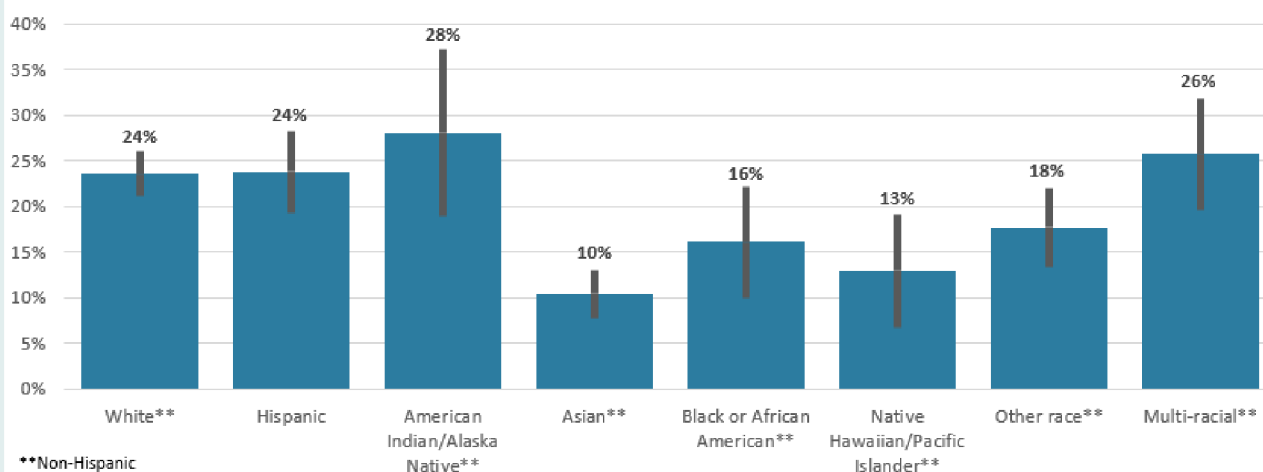
BACKGROUND

- Tobacco use remains the leading cause of preventable death and disease in Washington.
- Preventing youth initiation of tobacco and other nicotine use is critical to stem the tide of tobacco-related mortality, morbidity, and economic costs.
- Youth and young adults under age 18 are far more likely to start using tobacco than adults; nearly 9 out of 10 adults who smoke started by age 18.
- 104,000 Washington youth alive today will ultimately die prematurely from smoking.
- The emergence of vapor products (also called electronic cigarettes) has raised serious concern. Nicotine use can adversely affect brain development.
- The effects of nicotine exposure during youth and young adulthood can be long-lasting and can include lower impulse control and mood disorders. The nicotine in vapor products can prime young brains for tobacco use and addiction to other drugs.

Current (past 30-day) use trends, grade 10



Statewide current [past 30-day] vapor product use and race/ethnicity, grade 10



Among 10th grade students, vaping varies by race and ethnicity. The highest rate of vaping is reported among Non-Hispanic American Indian/Alaska Native and the lowest is among Non-Hispanic Asian students. However, rates for some of these race/ethnicity sub-groups can vary widely.

missing codes

S = result suppressed due to insufficient reporting from students of schools;
 N/G = grade not available; N/S = question was not surveyed this year;
 N/A = question was not asked of this grade;

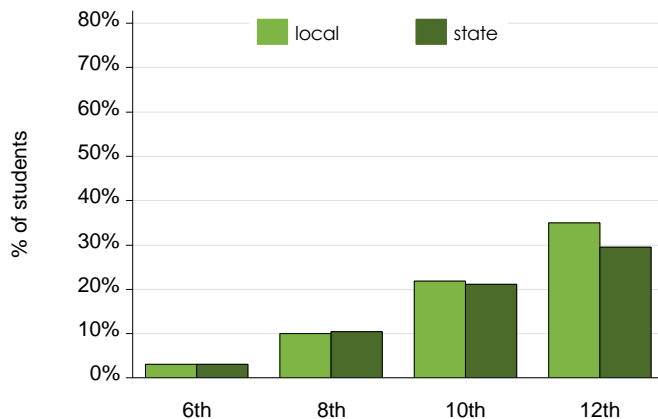
prevalence is displayed with 95% confidence intervals (a± or black bar |)

*indicates a significant change from the previous year, <0.05

results generated at askhys.net on 03/13/2019

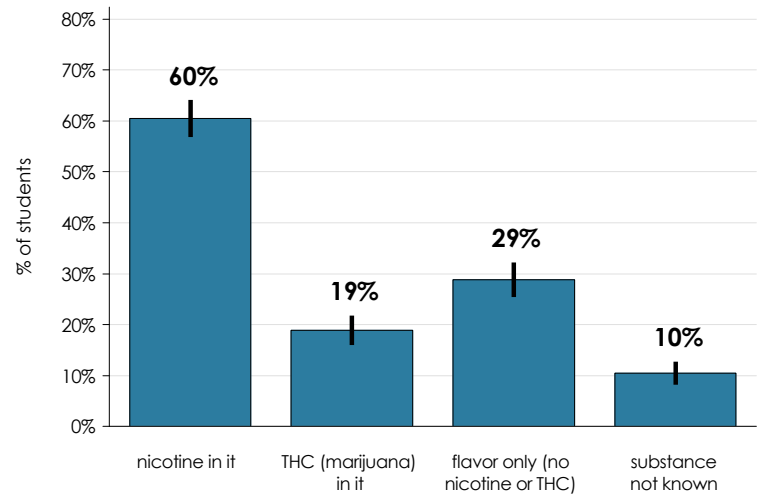
- Vapor products are the most common nicotine product used by youth.
- Youth and young adults under age 18 are far more likely to start tobacco use than adults: 4 out of 5 smokers started during adolescence. According to the U.S. Surgeon General, there is a strong association between the use of e-cigarettes, cigarettes, and the use of other burned tobacco products by young people.
- The minimum age of purchase for tobacco and vapor products is 18, but youth can get these products from their older friends and classmates.
- In 2016, Washington State passed a Vapor Products law, establishing a statewide licensing system and important protections to reduce illegal youth access to vapor products. This law applies to any vapor product, whether or not it contains nicotine.

Current (past 30-day) vapor product use compared to the state, all grades



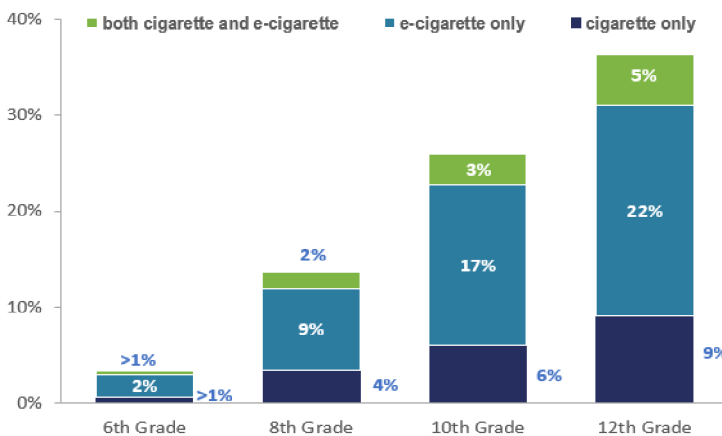
Prevalence	6th	8th	10th	12th
local	3% ±0	10% ±1	22% ±2	35% ±2
state	3% ±1	10% ±1	21% ±3	30% ±3

Reported substance "vaped" among current (30-day) vapor product users, Grade 10

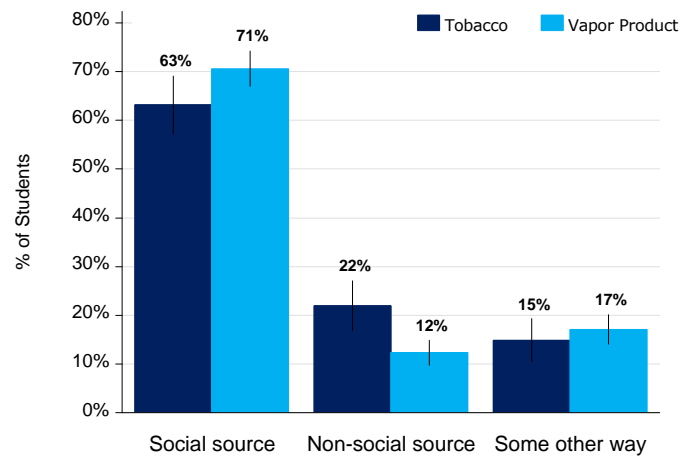


*Students can select more than one type of substance

Statewide prevalence of past 30 day e-cigarette, cigarette and use of both among youth by grade



Source of tobacco and vapor products among those who use them, Grade 10



**Social sources include: giving money to someone, "bumming", from a person 18 or older, and taking from a store or family. Non-social sources include buying from a store, the internet, or a vending machine.

MORE INFORMATION...

- Through key partnerships, the Tobacco and Vapor Product Prevention and Control Program addresses youth access to tobacco and the growth in the use of electronic cigarettes and vapor products in Washington State. Find out more here: www.doh.wa.gov/YouandYourFamily/Tobacco
- For help quitting tobacco and other nicotine use, teens can call 1-800-QUIT-NOW to anonymously enroll in a free youth support program. They can also text "QUIT" to 202-804-9884 to enroll in a text message program for vaping cessation.
- For 24-hour help with mental health, substance abuse, and problem gambling, call 1-866-789-1511 or visit www.warecoveryhelpline.org.
- E-cigarette Use Among Youth and Young Adults: A Report of the Surgeon General. (2016, December). Retrieved from https://e-cigarettes.surgeongeneral.gov/documents/2016_SGR_Fact_Sheet_508.pdf



Healthy Youth Survey Fact Sheet

Tobacco Use for ESD 112

Year: 2018

Grade: 10

Gender: All

Number of Students Surveyed: 5,644

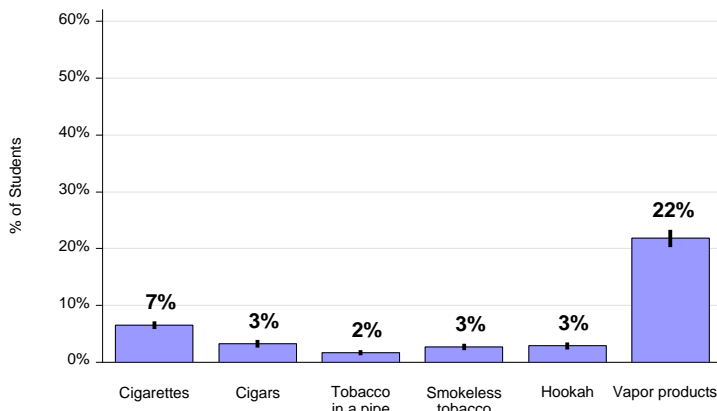
Background:

- In Washington State, about 40 youth start smoking cigarettes each day.
- About 104,000 youth alive in Washington now will ultimately die prematurely from smoking.
- Smoking is associated with drug use and low academic performance.

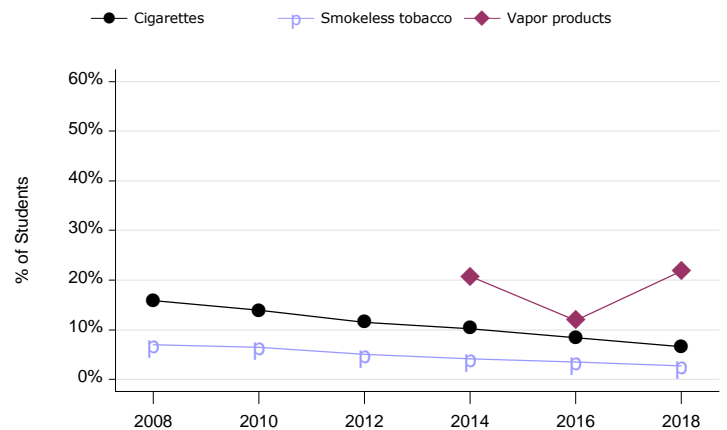
For More Information:

- The Washington State Department of Health funds a tobacco prevention and control program to keep youth from beginning to use tobacco, to help people quit using tobacco, and to reduce exposure to secondhand smoke. Visit www.doh.wa.gov/YouandYourFamily/Tobacco.
- For 24 hour help for mental health, substance abuse and problem gambling, call 1-866-789-1511 or visit www.waRecoveryHelpLine.org.

**Current (past 30-day) Tobacco Use
Grade 10, 2018**

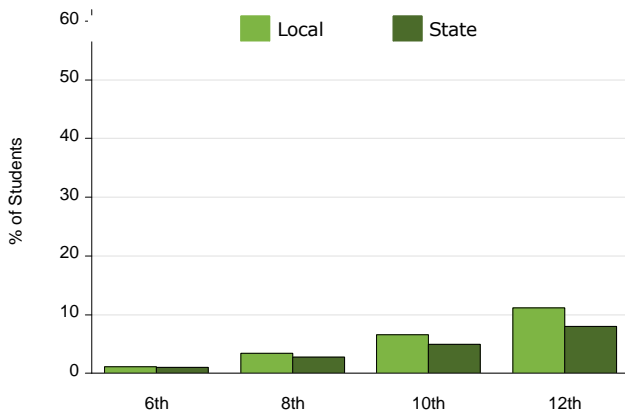


Current (past 30-day) Tobacco Use Trends, Grade 10



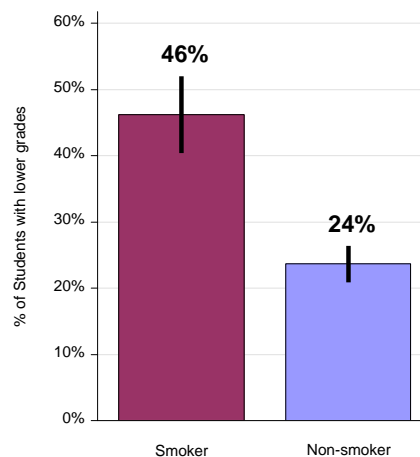
Prevalence	2008	2010	2012	2014	2016	2018
Cigarettes	16% ±1	14% ±1*	12% ±1*	10% ±1*	8% ±1*	7% ±1*
Smokeless tobacco	7% ±1	7% ±1	5% ±1*	4% ±1	4% ±1	3% ±1
Vapor products	N/S	N/S	N/S	21% ±1	12% ±1*	22% ±2*

**Current (past 30-day) Cigarette Smoking
Compared to the State, All Grades, 2018**



Prevalence	6th	8th	10th	12th
local	1% ±0	3% ±0*	7% ±1*	11% ±1*
state	1% ±0	3% ±1	5% ±1	8% ±1

**Statewide Relationship between
Lower Grades and
Current (past 30-day) Cigarette Smoking
Grade 10, 2018**



Statewide, more 10th graders who smoke cigarettes report lower grades in school (C's, D's or F's) compared to non-smokers.

Prevalence is displayed with 95% confidence intervals (as ± or black bar)

*indicates a significant change from the previous year or a significant difference between state and local results, p<0.05

Washington HYS results generated at AskHYS.net on 03-13-2019

Missing codes: S = result suppressed due to insufficient reporting from students of schools; N/G = grade not available; N/S = question was not surveyed this year; N/A = question was not asked of this grade.

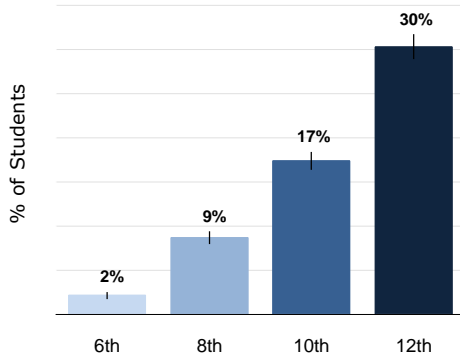


Youth Alcohol Use for ESD 112 in 2018

Are OUR youth using alcohol?

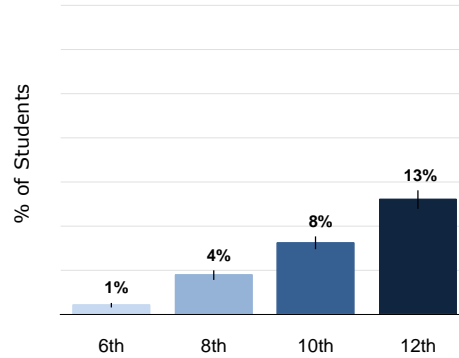
Current Drinking

Students who report drinking at least once in the past month



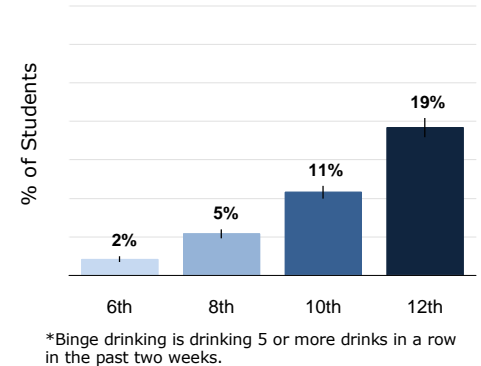
Experimental Drinking

Students who report drinking on 1-2 days in the past month, but no binge drinking



Problem or Heavy Drinking

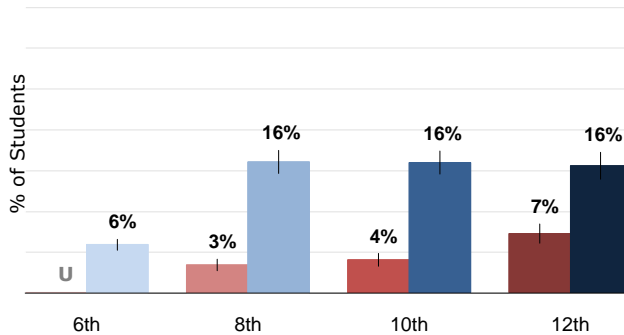
Students who report drinking 3 or more days in the past month and/or one or more binge drinking episodes*



In a Vehicle

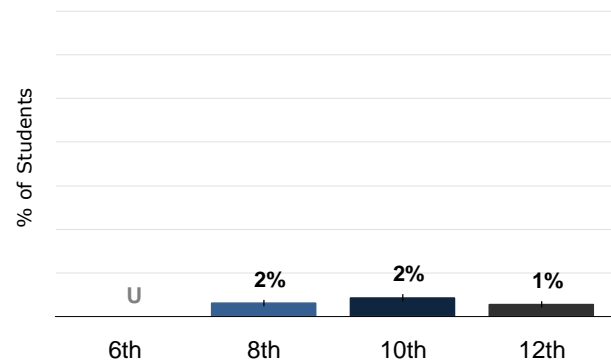
Students who report drinking and driving OR riding with a driver who had been drinking

■ Drove after drinking ■ Rode with drinking driver

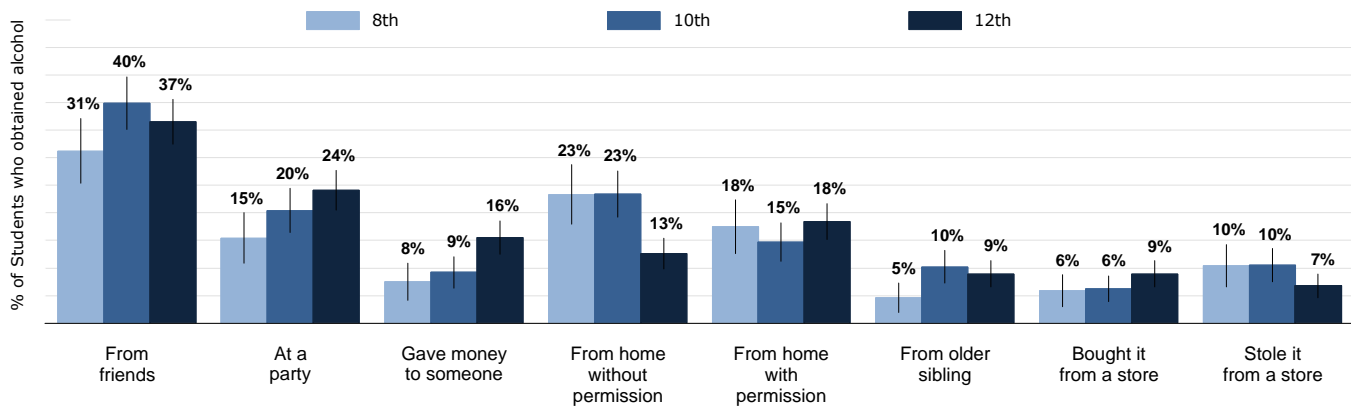


On school property

Students who report drinking on school property in the past month



Where Do Youth Get Alcohol?



The percentages in this chart are based on all students who reported getting alcohol in the past 30 days, regardless whether they reported drinking in the past 30 days. Students could select multiple sources.

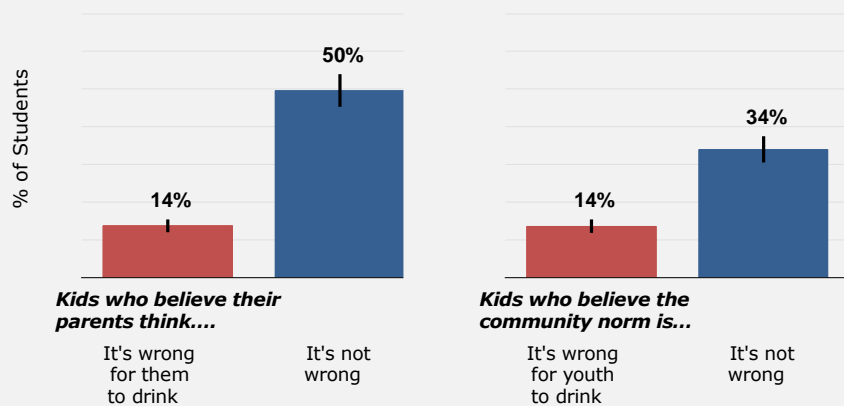
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Parents and communities have influence!

Kids are less likely to drink if they believe their parents or their communities disapprove of youth drinking.

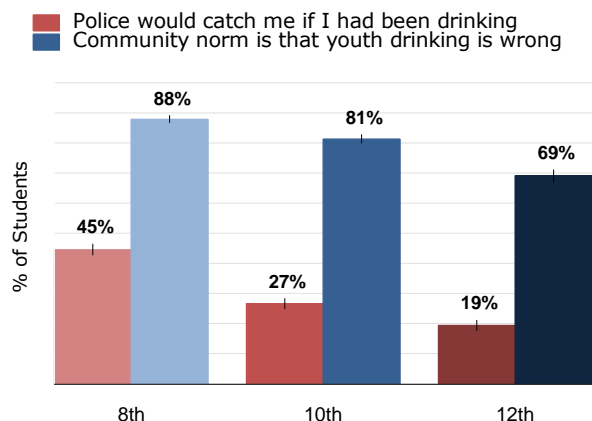
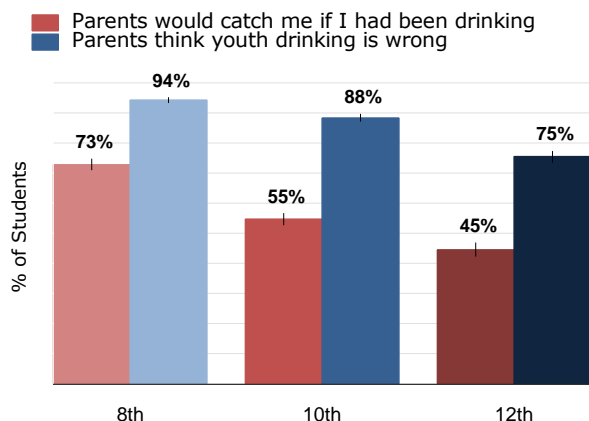
Percent of 10th Graders who Drink Alcohol (Statewide)



What does this chart say?

- Only 14% of kids drink alcohol if their parent's think it's wrong, while 50% drink if their parents don't think it's wrong.
- 14% of kids drink alcohol if their community thinks it's wrong, while 34% drink if their community doesn't think it's wrong.

Kids in ESD 112 reported that they believe...



Take action to reduce youth alcohol use!

Community Members - help reduce youth drinking by making it difficult for them to get alcohol.

The percent of ESD 112 kids who think that it would be easy to get alcohol increases as they get older, from 14% in 6th Grade to 60% in 12th Grade.

Parents - talk to your kids about the dangers of drinking alcohol.

The percent of ESD 112 kids who said their parents **didn't** talk to them about the dangers of alcohol increases as they get older, from 22% in 8th Grade to 37% in 12th Grade.

Start the conversation

Continue the conversation

Visit us at: www.StartTalkingNow.org

